

# International Reminiscence and Life Review Conference 2018

Hilton Boston Back Bay, Boston, MA

November 12-13, 2018

## *Diversity In Memories*

Please see below our conference program schedule. For more information or to review complete details about the conference, please visit our website at: [www.ReminiscenceAndLifeReview.org](http://www.ReminiscenceAndLifeReview.org). Just open the tab labeled "Reminiscence Conference". By clicking on the [Final Brochure link](#) you will be able to review who will be presenting both poster and paper presentations this year. For any further questions, email Donna Sislo at [dsislo@uwsuper.edu](mailto:dsislo@uwsuper.edu).

### **Sunday, November 11, 2018**

#### **International Institute for Reminiscence and Life Review**

6:00 PM - 9:00 PM **International Reception**  
(Optional)

### **Monday, November 12, 2018**

Pre-Conference Sessions (Optional)

8:45 AM - 9:00 AM **(Register separately)**

9:00 AM - 11:00 AM Reminiscence Therapy for  
Persons with Alzheimer's  
disease and Other Cognitive  
Impairments  
Alison Kris, RN, PhD, Fairfield  
University, PA

12:45 PM - 1:00 PM **(Register separately)**

1:00 PM - 3:00 PM Cultural differences in reminis-  
cence and life review  
Sharon McKenzie and  
Zayed A. Ahmed, PhD, LPCC

2:00 PM - 3:30 PM Advisory Board Meeting

### **Conference - DIVERSITY IN MEMORIES**

3:00 PM - 3:30 PM Poster Setup

3:30 PM - 4:30 PM Poster Sessions Begin/  
Conference Registration

4:30 PM - 4:40 PM Welcome Message  
Juliette Shellman, PhD  
IIRLR President

4:40 PM - 5:40 PM Keynote Speaker  
"The Varieties of Remembered  
Experience: Illustrating the Utility  
of Reminiscence Research"  
Jefferson Singer, PhD, MPhil, MS

5:40 PM - 5:50 PM Break

5:50 PM - Award Presentations  
Student Award Presentation  
and Reception

### **Tuesday, November 13, 2018**

8:00 AM Morning Poster Viewing

8:30 AM - 8:40 AM Welcome from President

8:40 AM - 10:04 AM Poster Slide Presentations

10:04 AM - 10:20 AM Break

10:23 AM - 11:55 AM Symposia/Paper Presentations

11:55 AM - 1:25 PM Lunch w/Annual Meeting

1:27 PM - 3:06 PM Symposia Continues

3:06 PM - 3:16 PM Break

3:20 PM - 4:50 PM Panel Discussion

#### **"Extending Autobiographical Memory in a Technological Age"**

Perspectives on which kind of memories are being documented externally in today's environment?

Panel includes: Gerben Westerhof, PhD, others to be announced

4:55 PM - 5:00 PM Reminiscence Online peer-  
reviewed journal  
Thomas Pierce, PhD

5:00 PM Wrap-up, Evaluations

6:30 PM Post Conference Dinner  
(Optional)

### **Wednesday, November 14, 2018**

Post Conference Sessions (Optional)

8:45 AM - 9:00 AM  
**(Register separately)**

9:00 AM - 11:00 AM Reminiscence and life review  
with people in hospice and/or  
near end of life  
Cheryl Brohard, PhD and  
Brian deVries, PhD

### **Identity and Testimonial Language of World War II Veterans**

Authors: Dr. Hanna K. Ulatowska, PhD and Mitchell Pruett, BA

Biography of First Author: is a professor in the School of Behavioral and Brain Sciences. Her primary area of research is neurolinguistics and more specifically investigations of language in aging, aphasia, and dementia. The focus of her research is the characterization of communicative competence and how it relates to preservation or impairment of linguistic and cognitive functioning. She has been also actively involved in investigating the representation of camp experiences in survivors of concentration camps in Poland and testimonial language of WWII American veterans.

### **The Practice of Life Review and Reminiscence: A collaborative approach**

Authors: Cheryl Svensson, MSG, PhD, Mary O'Brien-Tyrrell, MPH, BSN, Paulette Stevens, BA, and Sarah White, BA

**Guided Autobiography**, a tested and researched method created by Dr. James Birren, is based on life theme writing and sharing in supportive small groups. **Life Story Library Foundation** collects, saves and shares life stories as valuable recorded history, reviving the culture of listening and storytelling worldwide. **First Person Productions** helps individuals capture and share their stories through a coaching or write-by-conversation approach. **Memoirs LLC**, has helped hundreds of individuals to write their life stories in limited-edition hardcover books. The textbook, *Become a Memoirist for Elders* is used in a course at Bridgewater State University–Cape Cod.

### **Ethnic diversity in narratives of individual reminiscence interviews in Canada**

Authors: Nobutake Nomura, (Visiting Professor Department of Psychology, Langara College/Department of Psychology), Meiji Gakuin University, Tokyo, Japan; Jeffrey Dean Webster, Department of Psychology, Langara College, Vancouver, British Columbia, Canada

Biography of First Author: Nobutake Nomura, PhD in an Associate Professor Meiji Gakuin University, Department of Psychology 1-2-37 Shirokanedai, Minato-ku, Tokyo JAPAN

### **Digital Legacies**

Authors: Mary Ligon, CTRS, PhD and M. C. Ehlman, PhD

Biography of First Author: Mary is an Associate Professor of Gerontology and Chair of the Behavioral Sciences Department at York College of Pennsylvania. She holds a BS in Therapeutic Recreation from Radford University as well as a Master's in Gerontology and PhD in Health Related Sciences from Virginia Commonwealth University. Ligon specializes in psychosocial development in late life and intergenerational programming. She frequently incorporates reminiscence-related assignments into the Gerontology classroom. Ligon is a member of the Gerontological Society of America and is a Past-President of Sigma Phi Omega, The International Honor and Professional Society in Gerontology.

### **Using Reminiscence to Explore and Transform our Relationships with Ourselves and Adult Children**

Authors: Diana Taylor, PhD and Robin Mintzer, PhD

Biography: Diana Taylor, PhD, is a clinical psychologist and an Attachment Therapist helping her clients acquire the tools to form and maintain healthy relationships throughout their lifespan. She has experience treating various issues such as trauma, bereavement, pain management, eating disorders, depression, anxiety disorders and acculturation issues. She offers training in social skills, communication skills, mindfulness and stress management. She has taught *Finding and Evaluating a Prospective Partner* and *Guided Autobiography*. She consults with immigrants at the Brazilian Consulate and in her office. Dr. Taylor is a founding member of the Los Angeles Attachment Study Group, a group of professionals who educate the public on the attachment needs of children, couples and older adults and on the impact of separation, disruptions and trauma. She serves on the Board of the International Institute for Reminiscence and Life Review and has a specialty in working with older adults. Dr. Taylor continues to explore the impact of *Guided Autobiography* in healing trauma and chronic pain, in creating opportunity for new insights and change, in making it possible for new bonds to form with peers and different generations, and in integrating life experiences into a solid sense of identity.

Robin Mintzer, PhD, is a clinical psychologist and attachment researcher who, for 30 years, has worked with older adults. Her clinical practice focuses on current and past attachment relationships and trauma, with millennials through the third age. She conducts reminiscence groups and uses reminiscence in her clinical practice. She is Co-Director of the Los Angeles Attachment Study Group and an Advisory Board member of the International Institute for Reminiscence and Life Review.

### **Ethical Implications of Robot Reminiscence for Older Adults: Constitution of Moral Subjectivity with Technological Mediation**

Author: Ryuji Yamazaki, PhD

**Biography:** is an Assistant Professor at School of Social Sciences, Waseda University, Shinjuku-ku, Tokyo 169-8050, Japan. He received BA and MA degrees in Philosophy from Chuo University, Tokyo, and a PhD in Knowledge Science from Japan Advanced Institute of Science and Technology (JAIST), Ishikawa, in 1999, 2004, and 2010. He has worked as a Researcher at JAIST, Advanced Telecommunications Research Institute International, Kyoto, Japan and as an Invited Researcher, member of the PENSOR project (Philosophical Enquiries into Social Robotics) at Aarhus University, Denmark. His current research is focused on media studies, ethics of persuasive technologies, robo-philosophy, and phenomenology.

### **Digital stories in Residential Aged Care Settings**

Authors: Jennifer Stargatt, Sunil Bhar, Rebecca Collins, Mark Silver, Jahar Bhowmik & Fiona Dalziel

**Biography of First Author:** Jennifer Stargatt is a PhD candidate in Clinical Psychology at Swinburne University of Technology, Melbourne, Australia. Jennifer completed her BA (Hons) in 2015, conducting a study into the accessibility of psychologists and psychological services for residents of aged care facilities nationally. Jennifer has experience working in residential aged care facilities in leisure and lifestyle support and as a provisional psychologist, providing 1:1 counselling and facilitating a group reminiscence program. Her research interest is aged mental health. Specifically, Jennifer's PhD explores the use of digital stories to improve wellbeing in aged care residents.

### **Collaborative Reminiscence in a Couple with Aphasia**

Authors: Dr. Hanna K Ulatowska, PhD, Emily McCrone, BA, Speech Pathology Graduate Student

**Biography of First Author:** is a professor in the School of Behavioral and Brain Sciences. Her primary area of research is neurolinguistics and more specifically investigations of language in aging, aphasia, and dementia. The focus of her research is the characterization of communicative competence and how it relates to preservation or impairment of linguistic and cognitive functioning. She has been also actively involved in investigating the representation of camp experiences in survivors of concentration camps in Poland and testimonial language of WWII American veterans.

### **Continuing Education Credit (CEUs)**

The University of Wisconsin-Superior will award 9.5 contact hours or .95 CEUs to conference participants. Pre / Post conference participants will also be awarded 2.0 contact hours or .2 CEUs. CE Certification should qualify for LMFT, Counselors and most Nursing and Social Workers.

### **Thanks to our Sponsor**



John Allan Kunz Fund for  
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### Conference Mission

The conference mission is to bring together the wide range of individuals who are utilizing or would like to utilize reminiscence and life review in their work in order to further define and expand the field in the areas of research, theory, practice, education and everyday use across the lifespan. Those attending may include physicians, social workers, nurses, psychologists, counselors, social service employees, educators, home care providers, activity professionals, oral historians, life narrative scholars, journalists, performing arts professionals, music and art therapists, clergy, chaplains, administrators, students, volunteers and other interested parties.

## Poster Presenters

### **Reflection on Past Challenges Predicts Growth**

Authors: Hanna Åkerlund, Susan Bluck, Hsiao-wen Liao, and Emily Mroz

Biography of First Author: Hanna Åkerlund is an international undergraduate student majoring in Psychology at the University of Florida. She is a Research Assistant in the Life Story Lab (Director: Dr. Susan Bluck). Her research interests involve examining the ways that personality traits, social expectations, and sense of self, contribute to an individual's growth following personal crises and life challenges. She is particularly interested in developing suicide intervention techniques based on healthy time perspective and functional memory use. She plans to pursue a PhD in Psychology to continue to investigate the functional use of autobiographical memory to promote post-traumatic growth.

### **In Memory: Preferences for Memorializing the Self and Lost Loved Ones**

Authors: Susan Bluck, PhD and Emily Mroz, MS

Biography of First Author: Dr. Susan Bluck is Professor in Psychology at the University of Florida and a GSA Fellow. As Director of the Life Story Lab, she works with her team of doctoral students and undergraduates to conduct research on the functions of autobiographical remembering across the lifespan including issues connecting autobiographical memory to end-of-life issues. She teaches courses on memory, adult development and aging, and death and dying.

### **Wilder Penfield and Electrically-Elicited Reminiscence**

Authors: Thomas W. Pierce, Alyson Faires, & Kamille Harris. Department of Psychology, Radford University

Biography of First Author: Thomas W. Pierce is a Professor of Psychology at Radford University. He holds a BA from McGill University and a PhD from the University of Maine, and he was a Post-Doctoral Fellow at Duke University Medical Center. He is a Past-President of the International Institute for Reminiscence and Life Review, and he currently serves as the Editor of the International Journal of Reminiscence and Life Review.

### **Remember Me When I'm Gone: Virtues in Ultimate Self-Defining Memories**

Authors: Mroz, E. L., Bluck, S., Dulberg, L

Biography of First Author: Emily Mroz is a Doctoral Candidate in the Psychology department at the University of Florida. She conducts research in the Life Story Lab (Director: Dr. Susan Bluck), combining work from developmental, social, and counseling perspectives to understand aging and end-of-life issues. Emily specifically investigates the functions of reminiscence and autobiographical memory when facing end-of-life or when remembering the loss of a loved one. She also works on interventions to increase education in palliative and end-of-life care for medical providers, patients, and community members.

### **Remembering Challenging Life Events: Personal Goals and Growth in Adulthood**

Authors: Hsiao-Wen Liao & Susan Bluck

Biography of First Author: Hsiao-Wen Liao is a postdoctoral researcher in the Department of Psychology at Stanford University and the Stanford Center on Longevity. She received her PhD in Developmental Psychology from the University of Florida. She is interested in articulating self-regulatory processes that help to promote self-development, well-being, and adaptive goal pursuit across the life span. Her current work examines relations of remembering the personal past and thinking about future to personal growth and continuity, well-being, and consumer responses.

### **Reminiscence in Mild Dementia Care: A Concept Analysis**

Authors: Abdallah Abu Khait, RN, MSN, CNS & Juliette Shellman, PhD, RN, University of Connecticut School of Nursing

Biography of First Author: Abdallah Abu Khait is currently a Ph.D. student at the University of Connecticut, School of Nursing. He earned an MSN degree from the Hashemite University in 2014 specializing in psychiatric and mental health nursing. Abdallah has had experience working as a research assistant and clinical instructor at Hashemite University. He is working with Dr. Shellman on his research topic of interest focusing on the impact of reminiscence on outcomes such as reducing depressive symptoms, improving cognition, and enhancing the well-being of individuals with mild dementia.

## Poster Presenters

### **Effect on Narrative Change and Improvement of Depression through Life Reviews in Older Adults with Dementia: A Mixed Methods Study**

Author: Yuko Yamamoto, RN, PhD

Biography: is Associate Professor at Tokyo Healthcare University and teaches Gerontology nursing. Her research field of Life Review for older adults with dementia and verification of the effect, communication and multi-occupational. She is interested in integrating Diversity with Mixed methods study

### **Using The Life Story Course to foster personal growth: A narrative inquiry into the experience of older adults in transition**

Author: Julia M. Falk, MS, RN, Doctoral Candidate

Biography: Julia has been a registered nurse for over 30 years, with experience in diverse clinical specialties. She is a doctoral candidate in humanistic psychology at Saybrook University, where her research interest is narrative psychology. She has been teaching Mindfulness-Based Stress Reduction to people with chronic illness, anxiety, and/or depression since 2010, and is certified to teach by the Center for Mindfulness at the University of Massachusetts Medical School.

### **Life Stories as Teaching Tools and Community Service in an Undergraduate Seminar**

Authors: Kristi S. Multhaup, PhD and Mary E. Walters

Biography of First Author: Dr. Multhaup earned her BA (psychology) from Gustavus Adolphus College, and her MA and PhD (experimental psychology) from Princeton University before completing post-doctoral work in cognitive aging at Washington University in St. Louis and Duke University. She has been a faculty member at Davidson College since 1996 where she now holds the Vail Family Professorship. Since 2001, she has taught eight iterations of her Reminiscence (now called Life Stories) seminar. She has published 24 peer-reviewed articles, many with student co-authors; earned NIH funding; and been honored with both teaching (Hunter-Hamilton Love of Teaching) and mentoring (Women in Cognitive Science) awards.

### **“A Porch on Butler’s Estate”**

Author: Kathleen I. Kimball, PhD

Biography: After receiving her magna cum laude BA (Cal-State University) and MA (U of Arizona) in Communications, Kathleen (better known as kik, moved to New England, where she started and ran ‘emanacom’ (employee-management communications) a communications consulting company for 15 years before selling it to investment bankers in 1990. She then returned to school and after her BFA with honors in Ceramics from Maine College of Art, went on to a PhD in World Art and a decade of glass commission work.

### **The Backstories: Memories and Legacy through Active Digitization of Photos**

Authors: Dwayne Ali, Véronique Gingras-Gauthier

Biography of First Author: Dwayne Ali holds a Master of Arts in Communication and New Media as well as a Bachelor of Arts with combined Honours in History and Multimedia, both from McMaster University. He has worked with government, supranational organizations and universities in Canada, the Caribbean and South America. His research has focused on the intersection of digital and real-world spaces. This, along with his passion for history and narrative, led him to found Everpixels Inc. with a focus on digital preservation and dissemination of Canadian photos and stories. The Backstories, an Everpixels project, publishes selected stories and photos of public interest.

### **Life Deck: The Gamification of a Life Story**

Author: John Davis

Biography: John studied life review as a senior research topic as an undergraduate at Covenant College. He used life review techniques as part of an interdisciplinary effort to improve nursing home residents reported sense of identity. After college, he volunteered with a hospice that had a life story program and was self-employed as a Personal Historian who integrated digitized media with recorded interviews to tell a life story. He then went to mortuary school, worked at a funeral home and a green cemetery and now works at a startup company whose goal is to help people die different and be remembered better.