

**THE INTERNATIONAL CENTER FOR LIFE STORY INNOVATIONS AND PRACTICE  
VIRTUAL CONFERENCE**

**KEEPING OUR LEGACY ALIVE: HONORING the PAST and EMBRACING the FUTURE**

**THURSDAY MARCH 7**

<b>New York</b>	<b>Amsterdam</b>	<b>Tokyo</b>	<b>Ankara</b>	<b>Melbourne</b>
11:15 AM	5:15 PM	*1:15 AM	7:00 PM	*3:15 AM

11:15AM –12:15PM      Advisory board meeting  
Chair: Dr. Cheryl Brohard

12:30PM – 1:30PM      Preconference workshop 1  
**Foster Lifebooks that Help Children Heal**  
Lisa Kaichen, President, Lifeworks, LLC  
Moderator: Dr. Michelle Cole

Presenter Lisa Kaichen created the All About Me Lifebook Kit for children in foster care, as well as children who are adopted through the child welfare system. These Lifebooks are written from the child's point of view, and they are given the opportunity to describe their birth families, reason for being in foster care, history of placements, hopes and dreams and more. Other life book pages deal with health history, court dates and so forth. There are spaces for photos and personal mementos. Lisa trains social workers and foster parents about the importance of Lifebooks in helping children put together the pieces of their often-confusing life.

Workshop objectives:

1. To describe the important and complex nature of documenting a child's journey through out-of-home placement in foster or residential care.
2. To identify the critical questions (sometimes required by policy) and suggested order of asking them to help a child maximize the healing potential or their Lifebooks.
3. To provide opportunities to learn about elements to look for in selecting templates and Lifebook formats that are flexible, portable, and can be individualized.
4. To generate and discuss research questions for further study.

1:45PM – 2:45PM      Preconference workshop 2  
**The Best of Both Worlds: When Life Stories meet Digital Storytelling**  
Presenters: Lisa Joworski, R/TRO and Dr. Michael Long  
Moderator: Dr. Thomas Pierce

Modern families are increasing geographically dispersed making the informal sharing of family history and wisdom that occurred in front of fireplaces and around kitchen tables is more difficult. Thankfully, the technological advancement of the past few decades has made it easier than ever to record and share stories across continents and time zones. Digital Storytelling (DST) is a process that has its own theoretical perspective and guiding principles, however, there is significant overlap with the basic tenets of Life Narrative. In this workshop, Dr. Mike Lang, a health researcher, filmmaker and digital storytelling expert, and Lisa Joworski, a therapeutic recreation and life story specialist working with older adults, will build off examples from their work to elucidate the basic principles and processes of DST methodology and demonstrate how the co-creation of simple digital stories can advance the aims of Life Narrative work. Attendees will leave the session with a deeper understanding of how DST methodology can help them create life story videos that honor the past while embracing the future of digital communication.

Workshop objectives:

1. To provide an overview of the foundational principles, processes, and technologies of the Digital Storytelling methodology used by Common Language DST facilitators around the world.

2. To explore how DST and Guided Autobiography can be used in a complementary way for individuals to capture and share life stories.
3. To stimulate a generative discussion about the possibilities of DST within the world of Life Narrative and other health and wellness contexts.

3:00PM – 4:00PM      Preconference workshop 3  
**An Empowering Story: Writing for Life**  
 Presenter: Dr. Gerben Westerhof  
 Moderator: Dr. Christine Tocchi

An Empowering Story is a narrative intervention that allows people with personality problems to work on their personal recovery. Interventions are offered for 12 weeks to a group of up to 12 participants with 2 counselors, but it can also be given individually. Each week there is 1 hour of homework and a 1.5-hour group session. Participants write their life story in a structured way using a workbook with concrete writing assignments. They share their stories during group sessions and give each other validating feedback. They bring the exercises together in a digital book format that has the form of a triptych, focusing on (1) their past, (2) a turning point, and (3) their present and future. During this workshop, we will discuss how the intervention was developed and evaluated in a dialogue between researchers, clients and professionals. We will present findings from a design study, a feasibility study, and an effectiveness study. Furthermore, participants will do a writing exercise and share a story to gain a hands-on experience of how the intervention works.

Workshop objectives:

1. To present the process of design and evaluation for the narrative intervention An Empowering Story
2. To provide participants opportunities to discuss and reflect on their hands-on experience with writing and sharing a story exercise.

4:15 PM-4:45PM      **The Legacy Project: Presentation of IIRLR and ICLIP Milestones**  
 Dr. Cheryl Brohard and Dr. Cheryl Svensson

4:55PM-5:30PM      **Panel Discussion with Past Presidents**  
 Dr. Cheryl Svensson, Moderator, Dr. Cheryl Brohard, Dr. Phillippe Cappeliez, Dr. Brian DeVries, Mary O'Brien Tyrell, President, Memoirs, Dr. Juliette Shellman, Dr. Thomas Pierce, Dr. Jeffrey Webster, Dr. Gerben Westerhof

5:30PM-6:45PM      **Reception and Presentation of Awards**  
  
 Presentation of Awards (5:45-6:00)  
 Networking (6:00-6:45)

**FRIDAY MARCH 8**

<b>New York</b>	<b>Amsterdam</b>	<b>Tokyo</b>	<b>Ankara</b>	<b>Melbourne</b>
10:00 AM	4:00 PM	Midnight	6:00 PM	*2:00 AM

**Welcome Message**

10:00AM – 10:15AM Dr. Juliette Shellman, Director ICLIP  
 Dr. Victoria Vaughan-Dickson, Dean, UConn SON  
 Dr. Cheryl Brohard, President Advisory Board

10:15AM-11:15AM **Keynote presentation**  
**The Questions We Don't Ask but Should to Uncover Stories and Create Connection**  
 Dr. Elizabeth Keating  
 Moderator: Dr. Cheryl Brohard

11:15AM-11:25AM SHORT BREAK

11:25 AM-12:00PM Interactive Session with Dr. Elizabeth Keating  
 Moderator: Dr. Cheryl Brohard

12:00PM-12:45PM **Sibling Relationships**  
 Dr. Robin Mintzer & Dr. Diana Taylor  
 Moderator: Whitney Myers  
 Objectives:  
 1. Participants will understand how sibling relationships are unique and impact our development.  
 2. Participants will use a Guided Autobiography experience to identify the factors which impacted the quality of their sibling relationship.

12:45 -1:30PM LUNCH BREAK

1:30PM-2:00PM Poster Session (4 poster presentations, 3 minutes each) 15 minutes for questions  
 Moderator:  
**Analysis of the Impact of a Telephone Reminiscence Program on Mental Health for Community-Dwelling Older Adults: A Mixed Methods Study**  
 Yuxuan Yang, Britney Toussaint, Eliana Likamora, Shivanie Harbaran,  
 Cameron Graham & Dr. Juliette Shellman

**A Series of Reminiscence Research Projects in Jordan: A Call to Advance Psychogeriatrics Nursing among Arabic-Speaking Population**  
 Dr. Abdallah Abu Khait

**Life Story Work to Enhance Person-centered Care: Evaluating a Civil Monetary Penalty Funded Project.**  
 Dr. Rick Kral

**STARR: STudents Advancing Reminiscence Research: Our History and Future Directions**  
 Britney Toussaint, Yuxuan Yang, Eliana Likamora, Shivanie Harbaran, Candice Betances & Dr. Juliette Shellman

2:05PM -2:45PM Business Meeting and Election of Officers

2:45PM-2:55PM SHORT BREAK

3:00PM-4:30PM Concurrent Paper Presentations/Symposium

**Session 1: The Reminiscence Bump Effect in Autobiographies and Biographies: Differences in Frequency and Affect**

Hanna Benz (3-3:30 p.m.)

**The Use of Oral Narrative Practice in Addressing Adversity** – Galen Tinder (3:30-4 p.m.)

Moderator: Dr. Theresa Chrisman

**Session 2: “Life is Three Days: I am in the Second”: Guided Autobiography Experiences of Senior Gerontology Bachelor Students**

Deniz Pamuk (3-3:30 p.m.)

**Highly Superior Autobiographical Memory as Reminiscence – or Maybe Not**

Dr. Thomas Pierce (3:30-4 p.m.)

Moderator: Dr. Deena Stewart-Hitzke

**Session 3: Remembered Relations and Relations of Remembrance: How Does Relationality Matter in Late-Life Reminiscence?**

Dr. Jessica Robbins-Panko (3-3:30 p.m.)

**Symposium: Voices of Older Drag Queens (Age 50+)**

Dr. Brian Chapman, Dr. Laura K. M. Donorfio, Dr. Nels P Highberg, & Emma L. Chamberlin (3:30-4:30 p.m.)

Moderator: Dr. Thomas Long

4:30PM-4:45PM

SHORT BREAK

4:45PM – 5:00PM

**Embracing the Future: ICLIP Research Collaborations and AI and Storytelling**

The Impact of a Telephone Reminiscence Program on Mental Health Outcomes in Community-dwelling Older Adults

Cameron Graham, CEO and Co-founder, STORII, and Dr. Juliette Shellman

5:00PM – 5:30PM

Closing Session

Moderator: Dr. Cheryl Brohard

**Remembering Together: Use of Reminiscence Enhances Well-being in Nursing Home Residents with Dementia**

Dr. Alison Kris

Final remarks and evaluation: Dr. Cheryl Brohard

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